2020-2021

High School

YOU GOT THIS!

WEEKLY CUES

Theme

Rebellious: A Series About Serving

THINK ABOUT THIS:

The world can seem to operate on two basic rules: "look out for yourself" and "it's impossible to fix everything that's wrong in the world". But what if a generation of teens rebelled against those "rules"? What if the simple act of finding ways to bravely serve others created a cultural revolution that countered greed and apathy? Maybe being rebellious isn't always a bad thing.

Week One

John 13:1, John 13:3-5, John 13:12-17 Be rebellious enough to do what you don't have to do.

Week Two

Matthew 28:18-20

Be rebellious enough to do something you don't think you can do.

REMEMBER THIS

"And the King will say, "I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me." Matthew 25:40, NLT

High School

DAILY CUES



Morning Time

O ne morning this week, encourage your teenager in their efforts to achieve something—however big or small it might be. Whether it is getting a passing grade in a class they struggle in, applying for colleges, working towards getting their license, or something else that they are working towards. Find out what it is they are working on and encourage them!



Meal Time

M eal times are a great opportunity to connect with your family. Here are a few questions to start a conversation with your teen this week:

- How do you respond when you have a different perspective/opinion than your friends?
- What is something you want to do this upcoming year, but aren't sure is possible?
- What is something you get to do that really brings you joy? How can you do more of it? Can I learn something about it?
- What can I do to help you with everything going on this week?



Their Time

N ext time your teen says something like, "there is just too much for me to do," or mentions what's coming up on their schedule, ask them what you can do to help. Look for a way to take a responsibility off their shoulders (even if it means you do an extra chore of theirs) without them asking, remind them that they have what it takes to handle it, and support them as they tackle their own responsibilities.



Bed Time

A syour teen heads to bed one night, take a moment to circle back to when they felt overwhelmed and incapable of handling something in the past month. Ask them where they think that feeling comes from? Is it from their experience or from fear? Validate their feeling and then ask them how you, as their parent can help come alongside them andd encourage them. Remind them that they aren't alone in tackling whatever life is throwing at them.

